

RECSM Summer School: Machine Learning for Social Sciences

Session 1.5: The Lasso

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- ① The Lasso
- ② Comparing the Lasso and Ridge Regression
- ③ Selection of the Tuning Parameter

The Lasso

- A **disadvantage of ridge regression** is that it will always include all p predictors in the model.
- The ridge regression penalty $\lambda \sum_{j=1}^p \beta_j^2$ shrinks all coefficients towards 0, but it does not set any of them exactly to 0.
- The **lasso** overcomes this disadvantage by replacing the β_j^2 term in the ridge regression penalty by $|\beta_j|$.

- Therefore, the lasso coefficient estimates are the values that minimize

$$\sum_{i=1}^n \left(y_i - \beta_0 - \sum_{j=1}^p \beta_j x_{ij} \right)^2 + \lambda \sum_{j=1}^p |\beta_j| = \text{RSS} + \lambda \sum_{j=1}^p |\beta_j|. \quad (1.5.1)$$

- As with ridge regression, the lasso shrinks the estimates towards 0.
- However, when λ is sufficiently large, the lasso forces some estimates to be exactly equal to 0 (the lasso thus performs **variable selection**).

The Lasso

- As in ridge regression, the tuning parameter λ plays a critical role:
 - If $\lambda = 0$, then the lasso estimates are **identical to the least squares estimates**.
 - When λ becomes sufficiently large, the lasso estimates are set exactly **equal to 0**.
- Depending on the value of λ , the lasso can produce a model involving **any number of variables**.
- In contrast, ridge regression will always include **all of the variables** in the model.

Comparing the Lasso and Ridge Regression

Comparing the Lasso and Ridge Regression

- The lasso coefficient estimates solve the problem

$$\arg \min_{\beta} \left\{ \sum_{i=1}^n \left(y_i - \beta_0 - \sum_{j=1}^p \beta_j x_{ij} \right)^2 \right\} \quad \text{s.t.} \quad \sum_{j=1}^p |\beta_j| \leq s. \quad (1.5.2)$$

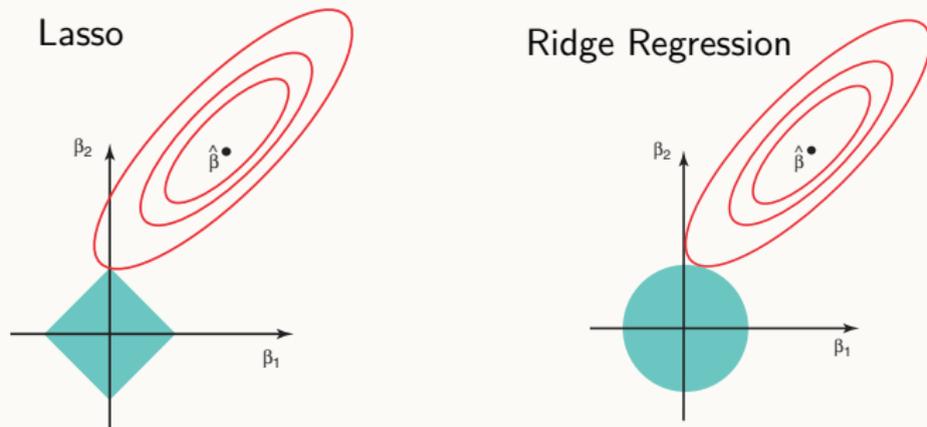
- The ridge regression coefficient estimates solve the problem

$$\arg \min_{\beta} \left\{ \sum_{i=1}^n \left(y_i - \beta_0 - \sum_{j=1}^p \beta_j x_{ij} \right)^2 \right\} \quad \text{s.t.} \quad \sum_{j=1}^p \beta_j^2 \leq s. \quad (1.5.3)$$

Comparing the Lasso and Ridge Regression

- If $p = 2$, lasso tries to find the set of coefficient estimates that lead to the smallest RSS, subject to the budget constraint $|\beta_1| + |\beta_2| \leq s$.
- If $p = 2$, ridge regression tries to find the set of coefficient estimates that lead to the smallest RSS, subject to the budget constraint $\beta_1^2 + \beta_2^2 \leq s$.

Comparing the Lasso and Ridge Regression



(Source: James et al. 2013, 222)

- $\hat{\beta}$ is the least squares solution.
- The diamond and the circle are the lasso and ridge regression constraints, respectively.
- The ellipses are the set of estimates with a constant RSS. Those farther away from the least squares coefficient estimates have a larger RSS.

Comparing the Lasso and Ridge Regression

- The lasso has the advantage of producing simpler, and therefore **more interpretable**, models than ridge regression.
- However, which method leads to better prediction accuracy?
- Neither the lasso nor ridge regression will universally dominate the other.
 - The lasso tends to perform better when only a **relatively small number** of predictors have substantial coefficients.
 - Ridge regression tends to perform better when there are many predictors, all with coefficients of **roughly equal size**.

Selection of the Tuning Parameter

Selection of the Tuning Parameter

- Ridge regression and the lasso require us to **select a value** for the tuning parameter λ .
- How do we choose the **optimal** λ ?
- **Cross-validation** provides a way to tackle this problem:
 - Choose a **grid** of λ values and compute the **CV error** for each value.
 - Select the tuning parameter **value** for which the CV error is **smallest**.
 - **Re-fit** the model using **all available observations** and the **selected λ value**.